

# Preventing Slips, Trips and Falls

Expert Advice from Cove Risk Safety Services



Safety  
Awareness  
For  
Everyone

The United States Department of Labor states that slips, trips, and falls constitute the majority of general industry accidents. Approximately 25% of all reported claims each year are attributed to this workplace injury cause; making it the most frequently reported cause of injury.

## Stay on your feet with these tips

- Clean up all spills immediately.
- Use fans or a dry mop to reduce wet floor time.
- Stay off freshly mopped floors (use “Caution: Wet Floor” signs).
- Secure electrical and phone cords out of traffic areas.
- Use non-skid mats in place of small throw rugs.
- Use mats with beveled edges (with contrasting color).
- Use traction strips or anti-skid paint whenever possible, such as on stair treads, ramps, etc.
- Keep frequently used items in easily reachable areas (lessen the need for stepladders).
- Wear shoes with good support and slip-resistant soles.
- Arrange equipment, furniture, etc. to provide open walking pathways.
- Keep drawers and cabinet doors closed at all times.
- Keep stairs and walkways clear.
- Install handrails on all staircases on both sides (encourage employees to use handrails).
- Ensure that there is adequate lighting both indoors and outdoors.
- When snow and ice are present, remove or treat these elements. In some extreme cases, it may be necessary to suspend use of the area.
- Actively remove ice and snow in all potential walking paths. Prohibit walking in areas that cannot be cleared.
- Provide employees with over the shoe ice grips for outdoor walking during winter months.
- Remove debris from exterior walkways.
- Install gutters where water runs over walkways.
- Adjust gutter downspouts to drive water away from pathways.
- Periodically check the condition of walkways and steps, and repair damages immediately.
- Never stand on a chair, table, milk crate, etc. Only use correctly sized stepladders.



### SLIP RESISTANT FOOTWEAR

As a member of the Cove Risk Safety Services you are eligible to receive discounts from vendors offering slip resistant footwear:

#### safeTstep by Payless ShoeSource

business@safeTstep.com / www.safeTstep.com / (P) 800-231-9423

Member Benefit - Discount slip resistant shoes program with 15% off coupon that can be used online or at their 94 retail locations throughout Massachusetts and New Hampshire.

#### Shoes For Crews

update@shoesforcrews.com / (P) 800-218-4770 ext. 5121

Member Benefit - Corporate discount programs averaging 20% off retail pricing.

#### Sure Foot Corp.

Jim Schulz / jim.schulz@surefoot.net / (P) 701-738-4573

Member Benefit - Request the special pricing order form for members.

Additional safety related information can be found on the [Cove Risk Services](#) website. These FREE resources are provided to members only as part of the Safety Awareness for Everyone (S.A.F.E) program.